

## Career Timeline

**Nelly Andersson**

### What is a Career Timeline?

Carrer Timeline is a sequence of jobs that describe or lead to your short- and long-term career goals. Some follow a linear career path in one field, while others change fields periodically to achieve career or personal goals.

A career path is a series of jobs that help you progress towards your goals and objectives. Your career path includes the jobs you need to reach your ultimate career goal, but it doesn't have to follow a straight line. There is no plan or timetable for climbing the career ladder.

### How to use the Career Timeline for Job seeking

- You will find more qualities, skills, knowledge and wishes that are important to know.
- You will become clearer about what your goal is and what the next step will be.
- You can easily and easily describe to the employer why they should hire you!
- You get an increased self-awareness that gives you more motivation and drive.
- You see that you are valuable and that there are many good reasons to hire you.
- To easily answer interview questions.
- To skis your personal Value Proposition for the role you are applying to.

### But what are we mapping?

- Knowledge
- Empirical data – Competences

- what you learned, how you learned it, and how you applied the knowledge in practice.
- What you achieved thanks to it.

You should describe both your theoretical and practical knowledge, competencies, and skills.

To make this exercise more concrete, we will define:

- **Knowledge** as the scientific proficiency you acquire by engaging with theory as a discipline.
- **Competencies** as the ability to do something, to create, produce, and manufacture with skill.
- **Skills** as actions that do not result in something being produced, but which have intrinsic value and are an expression of wisdom.

Here you see a good example of a career analysis.

